

**TROPHEE DE LA COTE DE NACRE  
(CAEN les 28-29 octobre 2017)**

**DEBUT DE LA COMPETITION (Samedi 28/10/2017)**

**Début à**

**08:30**

**OPEN**

**Heure  
début**

**Heure  
fin**

ECHAUFFEMENT				06:30	08:30:00	<b>08:36:30</b>
OPEN NOVICE BASIC A + 13	02:30	02:30	1	05:00	08:36:30	<b>08:41:30</b>
OPEN NOVICE BASIC B +13	03:00	02:30	3	16:30	08:41:30	<b>08:58:00</b>

**REGIONAL R3**

**Heure  
début**

**Heure  
fin**

ECHAUFFEMENT				06:30	08:58:00	<b>09:04:30</b>
R3 – BAMBIS DAMES	01:40	02:30	1	04:10	09:04:30	<b>09:08:40</b>
R3 – POUSSINS DAMES	02:10	02:30	5	23:20	09:08:40	<b>09:32:00</b>
R3 – POUSSINS MESSIEURS	02:10	02:30	1	04:40	09:32:00	<b>09:36:40</b>
ECHAUFFEMENT				06:30	09:36:40	<b>09:43:10</b>
R3 – AVENIRS MESSIEURS	02:10	02:30	1	04:40	09:43:10	<b>09:47:50</b>
R3 – AVENIRS DAMES	02:10	02:30	5	23:20	09:47:50	<b>10:11:10</b>
ECHAUFFEMENT				06:30	10:11:10	<b>10:17:40</b>
R3 – AVENIRS DAMES (Suite et fin)	02:10	02:30	2	09:20	10:17:40	<b>10:27:00</b>
R3 – MINIMES DAMES	02:10	02:30	4	18:40	10:27:00	<b>10:45:40</b>

**SURFACAGE**

15:00

**Heure  
début**

**Heure  
fin**

**REGIONAL R2**

ECHAUFFEMENT				06:30	11:00:40	<b>11:07:10</b>
R2 – POUSSINS DAMES	02:30	02:30	2	10:00	11:07:10	<b>11:17:10</b>
R2 – MINIMES DAMES	02:30	02:30	3	15:00	11:17:10	<b>11:32:10</b>
ECHAUFFEMENT				06:30	11:32:10	<b>11:38:40</b>
R2 – AVENIRS MESSIEURS	02:30	02:30	1	05:00	11:38:40	<b>11:43:40</b>
R2 – AVENIRS DAMES	02:30	02:30	5	25:00	11:43:40	<b>12:08:40</b>
ECHAUFFEMENT				06:30	12:08:40	<b>12:15:10</b>
R2 – AVENIRS DAMES (Suite et fin)	02:30	02:30	5	25:00	12:15:10	<b>12:40:10</b>
ECHAUFFEMENT				06:30	12:40:10	<b>12:46:40</b>
R2 – NOVICES DAMES	02:30	02:30	2	10:00	12:46:40	<b>12:56:40</b>
R2 – JUNIORS/SENIORS DAMES	02:30	02:30	5	25:00	12:56:40	<b>13:21:40</b>

**PODIUM INTERMEDIAIRE ET SURFACAGE**

15:00

**Heure  
début**

**Heure  
fin**

**REGIONAL R1**

ECHAUFFEMENT				06:30	13:36:40	<b>13:43:10</b>
R1 – POUSSINS DAMES	02:30	02:30	4	20:00	13:43:10	<b>14:03:10</b>
R1 – MINIMES MESSIEURS	02:30	02:30	2	10:00	14:03:10	<b>14:13:10</b>
R1 – AVENIRS MESSIEURS	02:30	02:30	1	05:00	14:13:10	<b>14:18:10</b>
ECHAUFFEMENT				06:30	14:18:10	<b>14:24:40</b>
R1 – AVENIRS DAMES	02:30	02:30	7	35:00	14:24:40	<b>14:59:40</b>
ECHAUFFEMENT				06:30	14:59:40	<b>15:06:10</b>
R1 – AVENIRS DAMES (Suite et fin)	02:30	02:30	8	40:00	15:06:10	<b>15:46:10</b>

**SURFACAGE**

15:00

15:46:10

**16:01:10**

ECHAUFFEMENT				06:30	16:01:10	<b>16:07:40</b>
R1 – NOVICES DAMES	03:00	02:30	3	16:30	16:07:40	<b>16:24:10</b>

R1 – MINIMES DAMES	02:30	02:30	3	15:00	16:24:10	16:39:10
ECHAUFFEMENT				06:30	16:39:10	16:45:40
R1 – MINIMES DAMES (Suite)	02:30	02:30	6	30:00	16:45:40	17:15:40
ECHAUFFEMENT				06:30	17:15:40	17:22:10
R1 – MINIMES DAMES (Suite et fin)	02:30	02:30	7	35:00	17:22:10	17:57:10
ECHAUFFEMENT				06:30	17:57:10	18:03:40
R1 – JUNIORS DAMES	03:00	02:30	5	27:30	18:03:40	18:31:10
R1 -SENIORS DAMES	03:00	02:30	1	05:30	18:31:10	18:36:40

## SURFACAGE

				15:00	18:36:40	18:51:40
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### NATIONAL N3 (1ère partie)

					<u>Heure début</u>	<u>Heure fin</u>
ECHAUFFEMENT				06:30	18:51:40	18:58:10
N3 – AVENIRS DAMES	02:30	02:30	7	35:00	18:58:10	19:33:10
ECHAUFFEMENT				06:30	19:33:10	19:39:40
N3 – AVENIRS MESSIEURS	02:30	02:30	1	05:00	19:39:40	19:44:40
N3 – MINIMES MESSIEURS	03:00	02:30	1	05:30	19:44:40	19:50:10
N3 – MINIMES DAMES	03:00	02:30	5	27:30	19:50:10	20:17:40
ECHAUFFEMENT				06:30	20:17:40	20:24:10
N3 – MINIMES DAMES (Suite et fin)	03:00	02:30	6	33:00	20:24:10	20:57:10

## DEBUT DE LA COMPETITION (Dimanche 29/10/2017)

					<u>Début à</u>	<u>07:30</u>
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### NATIONAL N3 (2ème partie)

					<u>Heure début</u>	<u>Heure fin</u>
ECHAUFFEMENT				06:30	07:30:00	07:36:30
N3 – NOVICES DAMES	03:00	02:30	5	27:30	07:36:30	08:04:00
ECHAUFFEMENT				06:30	08:04:00	08:10:30
N3 – JUNIORS DAMES	03:00	02:30	7	38:30	08:10:30	08:49:00
ECHAUFFEMENT				06:30	08:49:00	08:55:30
N3 – JUNIORS DAMES (Suite et fin)	03:00	02:30	7	38:30	08:55:30	09:34:00
ECHAUFFEMENT				06:30	09:34:00	09:40:30
N3 – JUNIORS MESSIEURS	03:00	02:30	1	05:30	09:40:30	09:46:00
N3 – SENIORS MESSIEURS	03:30	02:30	1	06:00	09:46:00	09:52:00

## SURFACAGE

				15:00	09:52:00	10:07:00
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### NATIONAL N2

					<u>Heure début</u>	<u>Heure fin</u>
ECHAUFFEMENT				06:30	10:07:00	10:13:30
N2 – AVENIRS DAMES	03:00	02:30	4	22:00	10:13:30	10:35:30
N2 – MINIMES MESSIEURS	03:30	02:30	2	12:00	10:35:30	10:47:30
ECHAUFFEMENT				06:30	10:47:30	10:54:00
N2 – MINIMES MESSIEURS	03:30	02:30	2	12:00	10:54:00	11:06:00
N2 – MINIMES DAMES	03:00	02:30	4	22:00	11:06:00	11:28:00
ECHAUFFEMENT				06:30	11:28:00	11:34:30
N2 – MINIMES DAMES (Suite et fin)	03:00	02:30	4	22:00	11:34:30	11:56:30

## SURFACAGE

				15:00	11:56:30	12:11:30
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N2 – JUNIORS MESSIEURS	04:00	02:30	1	06:30	12:11:30	12:18:00
N2 – JUNIORS DAMES	03:30	02:30	5	30:00	12:18:00	12:48:00
ECHAUFFEMENT				06:30	12:48:00	12:54:30
N2 – JUNIORS DAMES (Suite et fin)	03:30	02:30	2	12:00	12:54:30	13:06:30
N2 – NOVICES DAMES	03:00	02:30	4	22:00	13:06:30	13:28:30

**13H15 : PODIUM INTERMEDIAIRE JUSQU'A N2 - JUNIORS DAMES**

ECHAUFFEMENT				06:30	13:28:30	<b>13:35:00</b>
N2 – NOVICES DAMES (Suite et fin)	03:00	02:30	7	38:30	13:35:00	<b>14:13:30</b>
<b>SURFACAGE</b>				15:00	14:13:30	<b>14:28:30</b>
<b><u>NATIONAL N1</u></b>					<b><u>Heure début</u></b>	<b><u>Heure fin</u></b>
ECHAUFFEMENT				06:30	14:28:30	<b>14:35:00</b>
N1 – AVENIRS MESSIEURS	03:30	02:30	1	06:00	14:35:00	<b>14:41:00</b>
N1 – POUSSINS DAMES	02:30	02:30	3	15:00	14:41:00	<b>14:56:00</b>
N1 – MINIMES DAMES	03:00	02:30	2	11:00	14:56:00	<b>15:07:00</b>
ECHAUFFEMENT				06:30	15:07:00	<b>15:13:30</b>
N1 – NOVICES DAMES	03:00	02:30	4	22:00	15:13:30	<b>15:35:30</b>
ECHAUFFEMENT				06:30	15:35:30	<b>15:42:00</b>
N1 – JUNIORS DAMES	03:30	02:30	4	24:00	15:42:00	<b>16:06:00</b>
N1 – JUNIORS MESSIEURS	04:00	02:30	1	06:30	16:06:00	<b>16:12:30</b>
<b>Fin de la compétition</b>						<b>16:12</b>